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The Cat Project Manual For The Cognitive Behavioral Treatment Of Anxious Adolescents

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The Cat Project Manual For

The C.A.T. Project is an evidence-based CBT program for adolescents dealing with anxiety. The manual itself walks you through each session, including session goals and tips for helping the session be as effective as possible.

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That study utilized the Coping Cat [now called C.A.T. Project for youth aged 12-18] treatment manual to examine predictors and moderators of treatment outcomes among youths meeting criteria for diagnoses of separation anxiety disorder, social phobia, or generalized anxiety disorder who were randomly assigned to receive either Coping Cat, sertraline (SRT), their combination (COMB), or medication management with pill placebo (PBO) in the Child/Adolescent Anxiety Multimodal Study (CAMS).

CEBC » C A T Project » Program » Detailed

Cat Project Unit One Manual Dear Leaders and Parents: This manual will show the new 4-H Cat Project member how to care for a cat. It also contains pictures of different cat breeds. The 4-H member is expected to do some research beyond this manual.

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Breed information is easy to find in the many cat books available

EM4809E 4-H CAT PROJECT unit one

A 4-H member will progress to this manual upon successful completion of Unit One. There is no age requirement for any of the Cat Project manuals. The 4-H member is expected to do some research beyond this manual. Please check the back pages of this manual for suggested references including books and web sites.

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Cat Project Unit One Manual Dear Leaders and Parents: This manual will show the new 4-H Cat Project member how to care for a cat. It also contains pictures of different cat breeds. The 4-H member is expected to do some research beyond this manual.

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Our workbook titles include "The Coping Cat Workbook", for use with anxious youth and "The C.A.T. Project" for use with anxious adolescents. Treatment manuals for therapists For mental health professionals, counselors, educators, or those seeking written information about treatment programs to help youth with emotional, cognitive, and behavioral problems.

Coping Cat - Workbook Publishing , Inc.

Good project management produces the most successful projects when they integrate safety from the very beginning with a focus on incident prevention through planning, communication and defined safety activities for all levels of the organization.

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Treatment Manuals for Therapists: Cognitive-Behavioral Therapy for Anxious Children: Therapist Manual, 3rd Edition "The C.A.T. Project" Manual for the Cognitive-Behavioral Treatment of

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There are implementation guides or manuals for Coping Cat as listed below: Therapist treatment manual is available. It can be purchased at www.WorkbookPublishing.com. Research on How

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to Implement the Program. Research has been conducted on how to implement Coping Cat as listed below:

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Project Tips - Cats

The Feline Life Stressors section describes the common situations that affect cat's health and welfare, and how to avoid them! The Problem solving section is the place to go if you are looking for help to solve problems related to litter box problems, conflict between cats, anxiety, and boredom.

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For Cat Owners | Indoor Pet Initiative

This therapist manual describes the general strategies used in the treatment of anxiety in children (e.g., exposure tasks, homework, changing anxious self-talk, etc.). The treatment manual is coordinated with the Brief Coping Cat: The 8-Session Coping Cat Workbook. There is a chapter devoted to each of the sessions that appear in the accompanying workbook, and each chapter provides stated goals and explains the rationale for the treatment activities.

Workbook Publishing, Inc.

Cat The 4-H Cat Project provides youth a fun and hands-on learning experience that develops life skills, as well as teaches valuable information about properly caring for their animal. Subjects such as general care, nutrition housing, and health care are presented in the curricular materials, through workshops and

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in preparation of an exhibit.

Purdue Extension - Learn About a Project

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Next, a Cat RM500 Rotary Mixer makes a dry cut at a depth of 305 mm (12"). The machine works at a speed of 12-13.7 m (40-45') per minute on the O'Hare job, and covers strips 488 m (1,600') in length.

Watershed Project | Cat | Caterpillar

The 4-H Cat project provides you a fun and hands-on learning

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experience that develops life skills, as well as teaches valuable information about properly caring for their animal. Subjects such as general care, nutrition, housing, and health care are presented in the curricular materials, through workshops and in preparation of an exhibit.

Cats | State 4H

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